## REGION IV MENTAL HEALTH BOARD MINUTES July 12, 2011 - 12:00 PM to 2:00 PM

Ada County Sheriff's Office 7200 W Barrister, Boise, ID

**Greg Dickerson** CHAIR: VICE CHAIR:

Attendees: Vern Garrett, Mary Rong, Mechelle Wilson, Elizabeth Baker, Douglas Miller, Jennifer Burlage, Greg Dickerson, Pamela Rose, Kathie Garrett, Carol Dixon, Courtney Santillan, Gordon Cruickshank, Lisa Koltes, Ross Mason, Shell Retter, Kristi Olson, and Liza Clinger.

## **Excused Absences:**

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Agenda	Presenter	Discussion		
Introductions and	Greg	Introduction of all attendees.		
Attendance.	Dickerson	2011 to the All Were in		
Review Agenda.	Greg	Vern moved to approve the May 2011 minutes and Courtney seconded. All were in		
Approval of last meeting's	Dickerson	agreement.		
minutes.		177 11 D 126 diag will be held with Region III Mental Health		
Combined MH Board	Greg	Next Region IV Mental Health Board Meeting will be held with Region III Mental Health		
Meeting with Region III-	Dickerson	Board at the Idaho Department of Health and Welfare, 1720 Westgate Dr., Rm 131,		
09/13/2011.		Boise, ID 83704 from 12:00 PM-2:00 PM.		
Report on Region 4 Mental Health	Mary Rong	Mary informed the Board that Region IV is working hard implementing a recovery/resilience focus as apposed to an illness recovery. The Region will be		
		recovery/resilience focus as apposed to all filless recovery. The region will be implementing teams which will form a Recovery Team to represent that unit. They hope		
		at some point in the future that they will have a variety of groups or a recovery university		
		at some point in the future that they will have a variety of groups of a recovery curriculum that will run everyday of the week. This new direction is still in the very		
		small planning stages. They will be having a Recovery Open House on 09/22/2011, with		
		more information to come.		
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		Region IV will be partnering with NAMI and starting a SAMHSA 10x10 Wellness		
		Program. They will also be having a Yoga class every Tuesday.		
		Sherrie King-Davis has taken the position of clinical supervisor for the ACT and FACT		
		Tooms as Jim Cook has retired		
D C D D	Pamela	Damala Pose informed the Roard that the Center Program started in March 2011. It is a		
Presentation from Peer Run	Rose	place for individuals to come and get insight from other peers. They also have some		
Center For Hope	Rose	Individuals are able to build connections outside of		
		doctors and clinicians. Individuals also have the ability to build a support system that		
		may be able to help divert them from a hospital admission. They are open Monday,		
		Intel to dot to mark as the second se		

		Wednesdays, and Thursday mornings and then Thursday evenings. They are averaging
		about 12 people per day.
Transformation Team Updates. Updates on the Suicide Prevention Hotline	Kathie Garrett	Behavioral Health Transformation Group is now the Behavioral Health Interagency Cooperative which is a smaller group mainly made up of agency heads from Health and Welfare. Website <a href="http://www.bhic.idaho.gov/">http://www.bhic.idaho.gov/</a> . Kathy states they are working on a proposal that will incorporate the Behavioral Health Community Development Board which will be kind of the replacement of this Board along with the Regional Advisory Committee on Substance Abuse (RACSA). Website <a href="http://www.rac4.dhw.idaho.gov">www.rac4.dhw.idaho.gov</a> . If this passes in January this will go into affect around July 2012. The first item of business is to do a Needs Assessments. What does this means to this MHB? Kathy informs us that they will take the 20 core services that the Behavioral health Transformation Group has put together and do an analysis of the regional availability of those 20 services. They will then fill in the gaps. Ross Edmonds agreed to start working on a matrix at the department level to try to help the Regional Board out on how to evaluation what the current cores services are. The Regional Board's second task would be to develop a Regional Focus Transformation Implementation Plan which has to be approved by the cooperative. She reminds us that this group is always changing and to please remember this before a policy is final.
		They Cooperative is also developing some policies that they want to start implementing. The following are in draft form.
		WITC
		All public private services have to use WITS.
		Substance system quality assurance.  Grant Ania Provider gualifications.
		Services Standards in Provider qualifications.
		In regards to using the WITS EMR (electronic medical record) Greg contacted Ross Edmunds on the implementation of the WITS System. According to Greg, Ross stated that the policy didn't anticipate that private providers would be required to utilize WITS. Greg stated that WITS is not, right now, certified as a federally recognized EMR. However, they are working to get that certification. They also discussed how a lot of other providers are investing in a different EMR right now and are going live. If they do require private providers to implement WITS they will be adding a lot of expenses.
		Kathy updated us on the Idaho Crisis Hotline. Kathy serves as a chairman on the Governors Counsel on Suicide Prevention. When Idaho lost its Crisis Hotline at the end

		of 2006 they started looking at how to get one going. A determination was made to have Mountain States Group (a non profit group) handle the State's Suicidal Hotline. Mountain States group will be running the hotline, and the National Guard will be providing the office space. Hours will be Mon-Friday 9-6, to get started, and then move to a 24/7. All of the training and everything that needs to be done will require them to raise \$93,000. Then annually it will cost \$127,000.
Mobile Crisis Unit Update	Jennifer Burlage	Jennifer Burlage informs us that the new processes were implemented in April 2011. The MCU is really doing a great job with the Meridian PD as they have embraced this new process and are utilize their services. They are still working with Boise PD to get them to start utilizing our services. In May the MCU was only working with Meridian PD and were able to divert 13 mental holds. Their total DE's have not gone down or gone up, and so they have been able to keep their DE's stable. It is their hope that the Boise PD will start utilizing their services to bring those numbers down. The MCU is still fine tuning their process and are trying to be very flexible with the police stations so that they can be accommodating for them.
Member reports and Updates CMH Subcommittee Update RAC Update		Courtney Santillan with IFFCMH announces that the Idaho Conference on Mental Health was a very successful. The conference had about 200 attendees. Most evaluations and comments were positive. Individuals felt that the speakers were relevant and interesting. If the committee's budget allows they would like to do it again. Edger Cahn was a keynote speaker and provided a very powerful presentation. In the future Courtney would like to see more administrative professionals, juvenile justice staff, or people who work outside the direct service health system.
		Carol Dixon with IFFCMH stated that a program is coming up for youth health called the "Progression" which is out of Utah. They will be teaching that class here around the end of July. This information has been added to their Newsblast.
		Vern Garrett with Ascent Behavior Health tells us that the biggest change the substance abuse is facing is the budgetary processes. In years past the money went to Health and Welfare and this year the allocation are made to 4 different departments; Adult Corrections, Juvenile Correction, Courts, and Heath and Welfare. Historically the problem that they have had with the budget is that every April they run out of money. This has been difficult for clientele, Health and Welfare, and the providers. Dept of Correction and Juvenile Correction are going to manage their budget for themselves rather than through business psychology associates. As far as they know Health and Welfare and the Courts will handle their clientele the same they have in the past.

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Doug Miller with Valley County states that a new process has been implemented. The Local Accountability Group (LAG) is a group that has members of the juvenile probation. They are also trying to get providers involved as well. The LAG makes determinations once a report comes in regarding treatment of a juvenile. They determine if they should receive the funding to continue with treatment. They had their first clientele last week and are meeting on a weekly basis regarding new referrals and individuals that are currently in treatment. They hope this will help keep track of specific funds. District 4 is also in the process of hire a program manager.

Gordon Cruickshank with Valley County's states that the juvenile probation numbers are down. Their diversion program is working. They are using there Restorative Judgment Model where community member decide consequences for juveniles that get into legal issues. This is for juveniles that have low level misdemeanors. They are doing this for juveniles as well as first offense adults. Right now they are the only county that is utilizing this program for their adults and they are hoping that other counties will adopt this program also.

Shelley Retter with Boise School District states that the school district has started disconnecting from Child Protection. She states that they are now not using the Focus system and are now into the WITS System. She also stated that they are also no longer getting foster care funding.

Lisa Koltes MD states that the Region III MHB has decided to go to monthly meetings. With Ross's help the Transit Bus has been implemented for Region III. Dr. Koltes feels that their recovery focus has gone well. They are focusing on issues such as recovery, getting primary medical care, hope, volunteerism, Voc Rehab, and socialization. She also states that the SAMHSA 10x10 wellness program is going to be very helpful.

Greg Dickerson with Human Supports states that from a Medicaid health care provider perspective there is a lot of things going on right now. They saw a reduction in the primary care physician's reimbursement rates and for those who do medication management, employee docs, etc. It is basically causing more cost in order to support those contracts. As far as the overall impact, he thinks we need to let it play out and see how it is going to affect our bottom line. There was a 20% reduction in the maximum hours for PSR. The department is looking into putting a managed care contract together. They have a request for information that is causing a lot of good discussions between the providers, potential bidders, and other stack holders and so that is going to have an

	impact. Medicaid has a deadline of July 2012 for this. They are also looking at insuring that all providers in the network have National Accreditation as the state credentialing is being phased out.
Other misc. Board items.	Elizabeth Baker, interested citizen, commented on a news article that mentioned how 20 medical schools are going to have a new option for medical students for an Addiction Specialty.
	Meeting adjourned.

<sup>\*</sup>Next meeting is September 13, 2011 at the Idaho Department of Health and Welfare, 1720 Westgate Dr., Rm 131, Boise, ID 83704 from 12:00 PM-2:00 PM.